

We & Thee

Carolina Friends School

Summer 2006

The Record-Setting Class of 2006

Graduating class receives offers of more than 2 million dollars in grants and scholarships.

When Carolina Friends School held its Meeting for Graduation on June 11, it was to honor a class whose performance has been record-setting in important ways.

We are pleased to congratulate the Class of 2006 not only on their varied accomplishments but also on their exciting future plans, which for most includes college matriculation.

Around 95% have accepted offers from colleges of their choice. "The emphasis here is on 'choice,' says Upper School counselor Randy Berry. "Not only do these schools constitute an impressive list, but they really do represent where the students want

to go to school." Randy notes that one student who was offered admission to an ivy-league university has chosen to attend another fine school offering him opportunities more closely related to his interests "I know there are many places where he would have been counseled, even pressured, to choose the ivy. It's wonderful that our students are allowed the independence to choose the institution that best fits their academic and social needs."

"It's also great that so many in this class were offered admission to this state's most selective public university," Randy says.

This year's grads also received offers



photo by Amelia Shull

of more than 2 million dollars in grants and scholarships, not including financial aid that students would have to pay back.

These numbers are only some of

the ways in which these students' lights have shone brightly. We're delighted to congratulate the CFS Class of 2006. [See page 2]

From the Principal

Strategic Planning, Shared Values, and Spiritual Purpose

by Mike Hanas

Three years into my work as principal of CFS, I'm finding the writing of my article for the summer edition of *We & Thee* a daunting task, again. Readiness for a vacation may be a factor, but I think most significant is the fact that what I have so deeply felt and want to share is just hard to describe. I hope you'll read on.

During its final Meeting for Business for the 2005-06 school year, members of the CFS Board of Trustees confirmed their readiness to lead the School community's fourth strategic planning process. This is big news for CFS, where, in addition to hiring, evaluating, and if necessary firing the principal (yikes!), strategic thinking and planning are primary responsi-

bilities of our Board. Rest assured, they have moved toward this state of readiness very deliberately.

The Board's efforts over the course of this past year have included (1) familiarizing themselves with current external trends—demographic, social, economic, political, scientific and technological—likely to impact the School; (2) developing a richer understanding of several internal issues and opportunities such as professional culture, tuition aid, and facility needs that CFS will likely face and enjoy in coming years; and (3) highlighting the importance of attending to the voices of as many as possible in the CFS community before considering the query: "What is our

state of readiness to embark on strategic planning for the School?"

The Board considered the query at their last meeting in June, in a format known by Friends as worship sharing, which involves periods of silence as the context from which members contributed their views. To prepare for that meeting, they reread Chapter 4 of the *Governance Handbook for Friends Schools*, titled "Shared Vision and Strategic Planning," prepared by Friends Council on Education and Philadelphia Yearly Meeting. The chapter begins, "What is the significance of a shared vision in a Friends school? In a Friends school, the 'visioning' process draws from the spiritual purpose of the school's founding, and

continued on page 11

Congratulations to the CFS Class of 2006

Emily Holladay Anderson
Collin Blackmore
Joel Bronstein
Lynsay Megan Bush
Leah Marie Civiok
Banks Thomas Clark
Elizabeth Ferree Clark
Caitlin Louise Conner
Rachel Anna Cotterman
Sutton Freedman
Abbie Lillian May Gabrielson
Rachel Whitney Galanos
Ross Adam Cohen Goldberg
Ari David Gross
Ian Michael Hayes
Elsa Dora Craige Hoffman
Eugene Chaney Howe
Elizabeth Anne Ladd
Rachel Emily Laliberte
Rose Anna Laudicina
Aaron Lopez-Barrantes
Samuél Lopez-Barrantes
Sachi Devidasi Maclachlan
Christopher Lloyd Maternowski
Maya Joanne McKean-Peraza
Ryan Scott McLaughlin
Sara Anne Mitchell-Olds
Schuyler Peters Nowicki
Ava Christine Page
Sarah Plonski
Matthew Rubin
Rachel Frances Schonberg
Zachary Pascal Strom
Allison Mara Ulrich
Misha Florence Ulrich
Nicole Maria Urdaneta



photo by Amelia Shull

What's Next for This Year's Grads?

Fall will find five of this year's grads close to home at the University of North Carolina at Chapel Hill. Three will attend Oberlin College in Ohio, two have chosen Earlham College in Indiana, two have selected Smith College in Massachusetts, and two are enrolling at the University of Vermont. The rest of the class of 2006 will attend: American University in Washington, DC; Beloit College in Wisconsin; Bucknell College, Franklin and Marshall College, and Lafayette College (all in Pennsylvania), Emory University in Georgia; Hawaii Pacific University; Hofstra University and Skidmore College in New York; Lewis & Clark College in Oregon; Mount Holyoke College and Simmons College in Massachusetts; Pitzer College and the University of San Francisco in California; St. Olaf College in Minnesota; Washington University in Missouri; and Alamance Community College, the University of North Carolina-Asheville, and Warren Wilson College (all in North Carolina).

On Campus this Spring

photos on this page by Laura Shmania

Grandparents Day 2006



In April we welcomed more than a hundred grandparents and friends of Early, Lower, and Middle School students for a morning of sharing and celebration. In the Lower School, students interviewed our guests about times past.



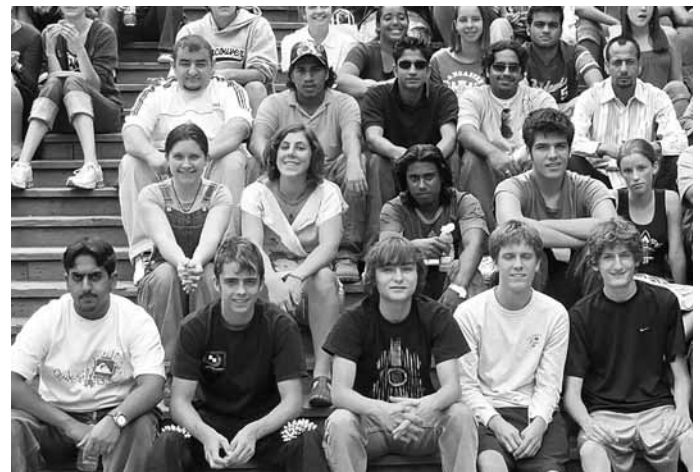
We are fortunate to have grandparents involved at CFS in many ways, and not just once a year. Some volunteer as reading partners, in the library, or even on the baseball field. We thank them all!

Upper School performs *The Laramie Project*



CFS hosts students from Qatar.

In April, CFS welcomed thirteen students from the Middle East International School (MIS) in Dohar. The week-long visit was arranged by Malik Dixon, a CFS alum teaching at MIS. The group included students from Qatar, Bangladesh, Pakistan, Egypt, Jordan, and Lebanon. After visiting New York City, they came to North Carolina, where they stayed with CFS families, attended classes and Meeting for Worship, cheered at soccer games, and developed friendships. Plans are in the works for a group from CFS to visit Qatar next year.



End-of-Year Sessions Continue Outreach, Service, and Learning

Students return to Newton Grove, NC

In May CFS freshmen spent their end-of-year session in Newton Grove, where they worked with migrant farmworkers. In a tradition established by the class before them, these students will return to Newton Grove in the fall of their sophomore year. *Photos below and to the right by Elise London.*



Another trip repeated this year was the one designed by one of last year's graduates, to La Isla, El Salvador, where students had plenty of opportunity to practice Spanish while engaging in community service. *Photo left by Dave Worden.*

Other Upper School end-of-year experiences included a trip to Ireland, a camping/backpacking/rafting trip out West, a trip to Savannah to work with a Head Start program, and many internships.

Meanwhile Middle School students were engaged in their Exploratorium session. Opportunities involving outreach and service included Doing Something for World Peace (connecting with our sister school in Afghanistan and the Al-Imam School in Raleigh) and Sharing the Gift of Reading with students at Forestview School. Others included studying and experiencing rollercoasters, flyfishing, power webbing, supercharging your brain, and more. These intensive learning experiences are a hallmark of a CFS education.

Upper School's Summer Reading is Focused on Rwanda

In honor of our students from Rwanda, the Upper School has chosen to focus their required summer reading on some of the important issues facing Rwanda. Staff are developing activities that relate to the 1994 genocide, mountain gorillas, and what these experiences have to do with a small Quaker school in the woods. Each student is required to read one or both of these books: *An Ordinary Man: An Autobiography*, by Paul Rusesabagina with Tom Zoellner; or *In the Kingdom of Gorillas: Fragile Species in a Dangerous Lane*, by Bill Weber and Amy Vedder (sister of a CFS parent).

Come and Celebrate With Us



photo by Laura Shmania

Please join us at the new Upper School building on Thursday, Sept. 21 from 7 to 8 p.m. for a community-wide celebration of a new school year and space that will enhance our students' experience at CFS.

Current and former parents, students, staff, board, and friends are invited.

Principal Mike Hanas will review our recent accomplishments and present a vision of future possibilities.

You'll be able to explore the beautiful new building that will allow the Upper School to gather comfortably for community meetings, Meeting for Worship, and smaller per-

forming arts productions. And learn about the structure's unusual "green" features, including gardens that will provide an elegantly simple water reclamation system for the upper third of the campus. You'll also have a chance to see renovations to the original "log cabin" Upper School main room.

We will provide light refreshments, as well as child care for children from preschool through middle school.

We hope to welcome many friends of CFS past, present, and future. For more information, contact John Ladd at 383-6602 ext. 270 or jladd@cfsnc.org.

Planning for the Best Gift

Did you know that you can make a gift to CFS and ensure enough income for you and your spouse for your lifetimes?

"We can discuss simple and safe ways for you to have a guaranteed annual income for life and then give the remainder to CFS," says Matt Drake, Planned Giving Coordinator. "You may be pleasantly surprised at the amount of annual income you can receive, your tax savings, and the size of the gift you can make."

Planning can ensure that your assets are wisely passed on to your heirs to best achieve your goals. For example, we can show you why, when choosing which asset to give to

your heirs, an IRA may not be the best choice. Your planning might also include creating an endowment that honors someone and/or supports the School in a way that's meaningful to you. Or, you may be thinking about making a cash or stock gift and are just undecided about the timing. When you consider the current availability of a matching gift that will double the impact of your generosity, you may decide to complete your gift to CFS this year or next.

Other forms of planned giving may involve more consideration, because planning can have many benefits, including the joy of giving, tax savings, lifetime income, and the

wise passing of assets to heirs.

When considering a planned gift, people often think of a bequest through a will, and Matt is glad to help supporters plan in this way. "Bequest wording can be simple," he says.

To initiate a confidential conversation about any of these forms of planned giving, please contact Matt Drake at 919-383-6602 ext. 228 or m Drake@cfsnc.org. "We'll sit down together, identify your objectives, collect and review alternatives, and then you decide what, if anything, to do," says Matt. "The best decision is the one that makes you the happiest."

A Whale of A Tale:



How a Lower School Class Created a Life-sized Lesson in Oceanography.

This spring Lower School's Forest Class decided to venture into a study of oceanography. They began with a field trip to the coast, where they visited the North Carolina Aquarium at Ft. Fisher and brainstormed a list of ocean animals that they saw and wished they could have seen.

Each student chose a sea animal about which they could become the "class expert"-- manatees, loggerhead sea turtles, cuttlefish, killer whales, and more. They conducted research and recorded important facts. Once they completed their research, they wrote a series of *Little Books About the Big Ocean*.

While students were engaged in research and writing their

The Egg & Eye

Science Takes On Humpty Dumpty

by Henry Walker

How would you use straws and masking tape to package an egg so that it could withstand a drop of 5 feet, 10 feet, or more?

This was the challenge that former Middle School teacher Bill Messer (now an M.D.) posed for Middle School students on Science Day in May. Students then divided into groups, collected materials, and set to work.

Eggs were dropped without protection to serve as control and to engage the "yuck" fac-

tor so compelling for students ages 10-14. And then contraption after contraption followed the same path and resulted in the same drippy ooze, until one egg survived. All of this



afforded students an opportunity to immerse themselves in the scientific method, from start to finish, in little over an hour.

The problem statement: what will enable an egg to survive a drop of various heights. The hypotheses: various contraptions made by 12 groups of students, with different procedures for crafting their devices. The variables: how straw and tape were utilized, as well as the heights from which the eggs were dropped (students could choose lower or higher). The results dropped and dripped before the gleeful crowd.

Thus kicked off Middle School Science Day '06--filled with a morning of workshops offered by community scientists, parents, and



books, the class also watched videos about sea life, conducted sea water experiments, discussed the water cycle, and began talking about whales.

Someone suggested that they could learn a lot about whales by attempting to build one, life-sized. Could they do it? They found plans on the internet, obtained materials, and set to work, resulting in the inflatable 60-foot humpback whale, pictured above.

The whale is constructed of plastic sheeting, with an inner side of clear plastic on which students sketched the whale's skeleton, and an outer black side that did nicely for the whale's skin.

Once the *Little Books* were complete, Forest Class students joined "whale groups" to study other types of whales. They collected research and created group poster reports that they would be able to present to

visitors whom they would invite to join them in the gymnasium on the day they would inflate the humpback whale.

That day was June 7. Students from the other Lower School classes, as well as the Campus Early School, were invited to the gym, where they were offered tours of the humpback whale, inside and out, and where they were able to query student experts about the whales featured on their their poster projects.

Nobody said they felt like Jonah, and all agreed that this is an excellent example of Friends School philosophy in practice: learning through inquiry, collaboration, action, research, multi-modal exploration, reflection, and just plain fun.

Upper School students. The workshops included fossil making, electricity/magnetism, DNA, "blue disease," double helix, chemical reactions, making curds and whey, baby rats, yogurt/cheese making, the water cycle, intro to some of the basic tools used in family and veterinary medicine, and more.

In the afternoon, students, teachers, and a panel of judges toured the gym lobby, where about 100 science experiments done by CFS middle school students were on display.

The projects ranged widely. Among the questions these young scientists explored:

- ▶ How does talking on a cell phone affect performance on a driving video game?
- ▶ How does meditation affect the pulse of

people in different age groups?

- ▶ Do people do better on math problems if they think they're from the SAT or from a fourth-grade textbook?

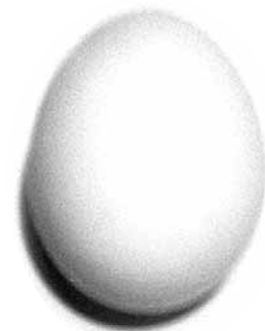
- ▶ How do different music genres affect free throw shooting performance

- ▶ How does dress affect clerks' reactions to customers?

- ▶ Which digital cameras are best for which kinds of pictures?

- ▶ Which soft drink, combined with Mentos, makes the most gas?

At the end of the day, one student declared that Science Day should take place every year. "It's a great day for learning and exploring."



News of Alumni and Staff

The May reunion and visits to campus have generated much news from and about alums, which we much appreciate. Please keep in touch by emailing alumni@cfsnc.org or stopping by the Development Office when you're on campus.



Class of '86 at the 25th Reunion in May.

Alumni

Rosita Adamo '04 visited CFS recently and let us know she has spent the last two years in New York City studying and dancing at the Alvin Ailey School. She has been appointed to one of the few openings in the Alvin Ailey II Dance Company and will dance with them on tour this upcoming year.

David Barrows '95 lives in Atlanta and works for a fencing company. He and his wife of four years, Allison, have a 13-month-old daughter. "Life is good," he says.

Fleming Best '86 lives in Hubert, NC, near Swansboro. She works as a substitute teacher in Onslow County, teaching grades pre-K through 12. When not teaching, she enjoys reading, listening to live music, and appreciating art. Fleming helped organize and attended her 20th class reunion in May and is already working toward the 25th reunion.

Michael Brown '87: "I'm living in Takoma Park, MD with my wife Ameena, our two-year-old son Amrit, and our dog Habibi. We are expecting another son in August. I left my position as executive director of Partners for Peace (focused on the Israeli-Palestinian conflict and specifically on ending the Israeli occupation of the Palestinian territories as the means to achieving peace) in July 2005 to be the primary caregiver for Amrit for a year.

I've had a fabulous time with him, but have recently started the job hunt. My travel has been limited in recent years to Canada and India to visit Ameena's family. I have not been to Gaza since the fall of 2000 when I worked with the Palestinian Centre for Human Rights at the outset of the second intifada. Previously I lived in Gaza for significant parts of 1993 and 1997-1999. As for basketball, it's hard to believe I'm old enough for the old men's leagues (over 35). It wasn't too long ago those guys laboring up and down the court seemed ancient to me."

Kyra Caspary '89 lives in CA with her husband, Mark Feldman. "I am a PhD candidate in educational policy at UC Berkeley. My sister **Tamara Caspary** attended CFS for three years and graduated from the NC School of Science and Math in 1988."

Sarah Coleman Craig '86 does bookkeeping, program development, and general staff support "at this really funky teen center (www.warehouse21.org) around the corner from my house. It is a crazy chaotic place that keeps me laughing and smiling day in and day out. In many ways, I think I have never wanted to leave behind the energy of adolescence. I am also a founding Board Member of the Sustainable Global Leadership Alliance (www.sgla.org), a program to teach young adults leadership skills for a sustainable world and plan to go to India with the program next summer. I am finishing up a degree in Philosophy and Linguistics at the University of New Mexico. Meanwhile, my husband Chris is pursuing his writing, and we just had a well dug on our land in Colorado."

Simone Costanzo '85: "I have lived in Cave Creek, AZ for the last five years. I moved from Atlanta, GA, where I was a production coordinator for concert promoters for many years. Once in Arizona, I went back to school for my interior design degree and have been working independently on some amazing design projects. My fiancé Dale produces concert tours and is currently the Production Manager for The Rolling Stones world tour. I will soon join him to work on the tour as the VIP coordinator. We plan to marry at some

point on the European leg of the tour coming up this summer. We have a beautiful home next to a horse ranch, a wonderful 8-year-old godson, and our special black lab/chow."

Leanne Darling '86 is a full-time musician (viola) in NY City and lives in Brooklyn. She teaches viola privately and performs around the city and the US. Leanne plays all different styles of viola music, specializing in Middle Eastern music and just completed a CD (www.leannedarling.com). She continues to see other CFS alums around her neighborhood.

Sylvia Darling Greene '83 graduated from Haverford College and then traveled and worked in a variety of jobs. Sylvia is married and lives in Raleigh with her husband, James, and two boys, Avery (4) and Donovan (2). She's an at-home mother these days. Prior to having children, she worked at a sewing shop repairing sewing machines and equipment. In her "spare time," Sylvia quilts.

Judie Davis Grooms '87: "I am living in Waynesville, NC and working as an investment counselor with First Citizens Investor Services. I am married to Ed Grooms, and we look forward to celebrating our eighth wedding anniversary in October. He is retired from the NC Wildlife Commission and is now managing a restaurant/bar in his 'retirement.' We travel as much as we can and particularly enjoy going on baseball trips and visiting different parks. We've been to Spring Training in Florida for the last three years."

Matt Feinberg '86 has lived in NC, Oregon, and Colorado over the last few years, earning degrees in philosophy and religion along the way. While in Eugene, OR he assisted in the creation of the Wellspring Friends School, which opened in '94 as an Upper School. Matt has moved back to Chapel Hill and recently enrolled at UNC in the School of Nursing for a BSN degree. Eventually, he'd like to return to Colorado.

Robbie Fulks '80 lives in Chicago, writes, sings, and tours. In late June he sang at the Pour House in Raleigh. **Laura Jackson '80** and **Jenni Osborne Detwiler '81** were two of Robbie's local CFS groupies attending. Laura reports, "The place was packed . . . it was an awesome show!" According to a *Triangle Weekly Independent* reviewer, "Robbie Fulks' *Georgia Hard* was one of 2005's top records, a tribute to the sounds of '70s country (from new-

grass to countrypolitan) populated by well-drawn characters, most of whom were engaged in either confession or righteous confrontation."

Sarah Gillman Whitney '87 is married, with a 7 year-old boy, Dylan. She and her husband are partners in a design/build company in Eugene, OR. Sarah is a landscape architect-in-training with the goal of gaining her landscape architect license. Their nine-year-old company focuses on green design and materials along with the integration of the home and landscape into the surrounding ecosystems. They seek to reduce the energy use of a building through design and utilize alternative energy systems to aid in this goal.

Stefan Gottschalk '86 is single and lives in Chapel Hill. He completed his PhD in computer science at UNC and works in Research Triangle Park as a microchip architect for Nvidia, a "programmable graphics processor technologies" company based in Santa Clara, CA. He has worked there since 1999. Stefan's interests include photography, guitar, poker, ultimate Frisbee, reading, and sometimes knitting. Email Stefan at stefan.gottschalk.64218@gmail.com.

Bill Graves '85 "lives in Charlotte with Jan (spouse), Emerson (daughter), and Pushkin and Tucker (dogs). I spend most of my time either being a professor of geography at UNC Charlotte or preventing my 100-year-old house from falling down." Jan is helping start a K-4 Friends School.

Catherine Gutman '85 works for a German pharmaceutical company, Schwarz Pharma, in Raleigh and has been there for the last five years. Her responsibilities focus on finding products to be licensed and developed for treating diseases of the nervous system. Prior to that she completed a PhD in neurobiology at Duke. Catherine's latest other interest is scuba diving. Catherine lives in Durham.

Samantha Hartford '87 graduated from NC State with a degree in English. For the last ten years she has worked at the NC State College of Veterinary Medicine where she is the Assistant Director of Continuing Education. She's also in graduate school at NC State in the liberal studies program focusing on an "in-depth exploration of the human-animal bond." She enjoys her "children" (a horse, a dog, and two cats). On a recent trip, she took a cruise along the Alaskan coast.

Kara Ikenberry '86 graduated in art at Guilford College then lived and worked in London for six months and traveled in Europe. "I worked at Lu-E-G's (a Hillsborough restaurant) for a number of years with Tim and Darlene Wells. Kirsten Krueger and I went to India, Nepal and Thailand for seven months where I realized I didn't want to work for anyone (as in a 'real' job). When I came back I started 'Ikenhelp,' doing odd jobs for people, which I am still doing. In 1998 I was awarded a two-year scholarship position at the Penland School of Crafts in the NC mountains. I met my husband Ronan there (married in 2002). We moved to Chapel Hill in 2003 and both set up studios (me:blacksmithing, him: pottery). You can check out our work at www.lkensmith.com and www.ninetoespottery.com. We are expecting our first child in early December."

Kirsten Krueger '86 married Rob LaVelle (current Upper School Spanish teacher) on April 15, 2006. They live in Carrboro. Kirsten manages research in reproductive health in Sub-Saharan Africa for Family Health International. She loves gardening. "We eat from our garden year 'round," she says.

Tom Krueger '85 lives in Chapel Hill. He and his wife Joy married in 2005. They have a six-month old boy, Jack. Tom is a home builder and contractor and has been in the building industry for 24 years.

Marnie Lamm '86 "After Friends School and college, I went to veterinary school at University of Florida and did a residency in zoo animal medicine at UC Davis in CA. I then worked at the Los Angeles Zoo as a veterinarian before deciding to deviate my career path a bit and go to medical school. I am currently living in Beer sheva, Israel and am finishing my third year at The Medical School for International Health which is a program run jointly by Ben Gurion University of the Negev and Columbia University in NY that trains physicians specifically to work in the developing world."

Matt Libby '86 lives on a 44-acre farm in Rougemont, two acres of which "he actually farms." He is an optician with an office in Durham and also runs a commercial painting company. Matt enjoys traveling, as well as

"snacking and napping."

Susan Lindsay '86 is living in Greensboro. She married Randy Fulk in April '05. Susan taught middle school science in the public schools for seven years. Since then she has worked as a visitor educator at the NC Zoo in Asheboro. Susan and Randy have traveled twice to Uganda in recent years on a project to support locally run ecotourism projects. They are expecting their first child in December. Her friendship with a CFS Middle School student has kept her in touch with the school.

Leigh Millar Bhe '86 lives in Wake Forest with husband Tony and daughters Tyler (4) and Maggie (2) She received an MS from NCSU in counseling and worked on the staff there in disability services for students. Leigh recently received her real estate broker's license. Her company is Sweet Pea Properties, LLC. Leigh's mother, Claire Millar (former Upper School counselor) visits often from Chapel Hill. Leigh looks forward to her sister, Marianne Millar Milligan '85 and husband Steve, and their children James (2) and Emma (1) moving from NH to Wake Forest this summer.

Lawrence (Lang) Moore '86: "I am a partner in the law firm Robinson, Bradshaw & Hinson, in Charlotte. Intellectual property and antitrust litigation make up the bulk of my practice. My wife, Jennifer, and I are finishing up renovations on a 1920s bungalow, where we live with our two daughters, Laurie Ellen (9) and Alison (3). I spend most of my free time photographing Laurie Ellen's soccer games."

Claire O'Barr Culver '86 "I live in Charlottesville, VA with husband Jimmy and kids Grace (9) and Andrew (6) (and a number of dogs, cats and gerbils). I teach 2nd and 3rd grade at a small, progressive independent school in the country outside Charlottesville — it has a number of similarities to CFS. I recently attended the Courageous Educators Conference at CFS and loved the chance to see what CFS is like today."

Rolf Orsagh '85 "lives in Rochester, NY with his wife, Cynthia, and sons, Mason (9) and Henry (3). He and his

family enjoy ice hockey, camping, and rock climbing. Rolf has his MS in mechanical engineering and recently sold his partnership in a private firm to take a job at the University of Rochester's Laboratory for Laser Energetics. The ultimate goal of the Department of Energy funded lab is clean, sustainable nuclear fusion energy."

Evian Patterson '98 graduated from UNC-Wilmington, studied Arabic and contemporary Islamic culture in Cairo, Egypt on a Fulbright Scholarship, and returned in 2003. He lives in Washington DC where he works for the Academy for Educational Development (www.aed.org) on a USAID project that brings Palestinian students into the United States for strategic training programs in universities across the country. Evian hopes to continue his engagement with Middle Eastern cultures through international educational exchange programs and is committed to bridging the gap of understanding between Arab and American cultures.

Jasmine Powell '04 visited the Alumni office recently. She is a junior at Oberlin College, double majoring in biology and dance. She is working again this summer in a Duke research lab, a connection she made through an internship while at CFS.

Betsy Rocap Johnston '85 "I live in Boyds, MD about 20 miles outside of DC on 30 acres. I have two children, Ryan (6) and Maddie (4). I work part-time teaching group exercise and fitness classes and the other part I take care of my kids! Both my kids love doing gymnastics as I did when I was at CFS!"

Daria Sanford '87: "I graduated from Oberlin College where I studied English, Classics, and Theater. The Great Lakes Theater Festival in Cleveland gave me my first job, a high school residency program combining two of my great loves: teaching and Shakespeare, plus acting in their productions. A prophetic start, because I am still a Teaching Artist today, not counting that seven-year break while I was trying to launch my acting career in New York. Of course that meant lots of part-time work, acting training, acting in a lot of really bad plays in basements, plus a few fun and paying acting

jobs. My last show was right after 9/11 (which event, horribly, I witnessed from my Brooklyn rooftop). Then I decided I was tired of having a stomachache all the time and quit acting. I resumed piano lessons instead. Last year I worked on the Rachmaninoff 2nd Piano Concerto, and this year performed Rhapsody in Blue with my wonderful teacher. . . . I teach part-time, which leaves me plenty of days to play with my son Will (3 last May) and enjoy Brooklyn. My husband Nils and I have been together since '94, married in '99, and love our brownstone and backyard in the Windsor Terrace neighborhood. I am fortunate that I can see or talk to my Manhattanite sister **Kate** almost daily. Please call or drop by if you're in NYC!"

John Sheffield '85 attended CFS from Lower School through 9th grade and then transferred to Northern HS. He completed high school through Durham Tech and then served four years in military intelligence with special training in Spanish. He holds a degree in philosophy and creative writing from UNC. For the last five years John has worked at the Research Triangle Institute managing information technology services for the computer systems that support the breadth of research projects there. Other interests include playing soccer and disk golf, traveling, and "hanging out with his buds."

Marisa Soldi Spurrell '86 graduated from Warren Wilson College in Environmental Science with a Wildlife Management Concentration. It was there that she met her husband John Spurrell. Marisa worked as a camp counselor, helped with John's tree care business, was a wildlife research technician in Minnesota and a veterinary technician in WI. They've lived in NC since 1994. Upon returning she continued her vet tech work and then changed to an office position (HR and accounting). Over this time they also traveled, camped, canoed, and biked in the US and Europe. Their son Haydn was born in 2000, and daughter Doriana in 2003. They now live in Chatham County near Jordan Lake with a small menagerie of cat and dogs. Marisa works as a private assistant and professional organizer and volunteers at



Class of '85 at the Reunion.



Class of '87 at the Reunion

North Chatham Schools. She writes, "I look back very fondly at the environment that CFS provided for me through the staff, students, parents, and local community. I realize how lucky I was to be a part of such a nurturing community that went up or down, left or right, exploring every situation in consensus (all three levels squished into the middle school library) as a team - not without problems - but always as a team with accountability! I would just like to say to all the staff and students that helped to make me who I am today - THANK YOU VERY MUCH!"

Alice Stratton '86 "After CFS, I went to college, worked in DC, went to graduate school, lived in the DC area for seven years, got married, and moved to CT. I now live in Westport, CT with my husband Mike, son Nicholas (5) and daughter Erin (2). For my 'day job' I am ecologist for the National Marine Sanctuary Program, where I work on coral reef restoration policy & planning."

Tommy Thompson '87 has been in business for himself (TBuilt Construction and Design) for the last 7 years. He's a contractor specializing in home remodeling and additions. Tommy lives in Durham. He is engaged to Brenda Osborne and likes to cook and eat.

Tim Wells '86: "Tim and Susan Wells are enjoying the country life north of Hillsborough with their children Jonas and Jolene, now 13 and 11 respectively. Both kids attended Middle School this year. Susan is the Lower School After Hours teacher as well as being a regular CFS Summer Programs teacher. Tim continues — and loves — teaching at Campus Early School with Libby Pittman Pendergrast and fellow alumnus, Carly Baker Chapman ('94)."

Martha Witt '85 "is living in New York City and freelancing as a translator for RAI, Italian Television. My family consists of my husband, Remo, my five-year-old son, Giovanni, and my daughter, Iris. In 2004, I published my first novel, *Broken as Things Are* (Henry Holt), and I am now working on a new novel. A short story of mine will appear in an anthology of feminist American women writers this August, *Not Chick Lit* (Random House). Mostly, I spend my time trying to juggle the demands of motherhood and

career — eek!"

Teachers

Norm Budnitz, former Middle School and Upper School science teacher: "After leaving CFS, I went to work at Duke with Steve Wainwright, one of my old professors from graduate school days. Together, we started a program called the Center for Inquiry-Based Learning (CIBL). The program has been growing over the years, helped by a \$5M National Science Foundation grant. Our current Director is Dave Smith, who taught music and science many years ago in the CFS middle and upper schools. At CIBL, we run workshops for K-8 teachers in NC, trying to help them learn how to use inquiry-based methods for teaching science (and other things, too). Many teachers think of science as just facts and vocabulary words. We're trying to help them see science as process—experience something interesting, ask some questions, try to find some answers, generate more questions, and perhaps even more answers. We supply teachers with hands-on science kits and train them in their use, in hopes that they will let their students explore, experience, and enjoy doing science. And with real luck, those students will actually get a chance to do some real thinking, rather than just memorizing facts and immediately forgetting them. In addition to work, I continue to travel in search of the chance to see new birds—all over the US (Texas, Arizona, and Alaska), as well as Scotland, Israel, and Costa Rica. Origami remains a passion, though I don't get to do as much as I'd like, mostly because I've taken on serious gardening in a big way. I have joined forces with a couple of other friends, and we have been selling produce and nursery crops at the Durham Farmers Market Saturday mornings. Some of our regular customers are former CFS students. If you're in the area, stop by our stall—Four Leaf Farms. We'll have something good for you to eat or plant in your garden. Still trying to nourish minds and bodies, I guess. Will I never learn!"

Shirley Block, former Lower School Head Teacher, was grateful to receive the 1985-'87 Reunion invitation. She wrote, "My best wishes to the alums. I know many of those on the list and remember them with very warm feelings." Shirley and husband Marvin live in a Chapel Hill retirement community. Shirley volunteers at the Rashkis

Elementary School working with kids who have learning difficulties. Her activities since retiring from CFS in 1988 include "getting two new knees."

Wells Edleman, Upper and Middle School teacher 1977-1980s, lives in Durham. He continues a lifelong interest in local politics and energy conservation. Wells is attempting to help the Durham Food Co-op and is working against the (deja vu all over again) newly proposed increase of nuclear power plants in NC.

Mark Goodwillie, Upper School math and science teacher and basketball coach in the 1980s, lives in Durham with his wife, Jean. He continues to run Pelican Productions, a motion picture and video taping company he started after leaving CFS. His daughter, Jennifer '04, has completed her sophomore year at NC State.

John McGovern works at CFS. Current assignments are Assistant Principal, tennis coach, and coordinator of new building construction, among other responsibilities. He served as the School's Interim Principal in 2002-2003. John lives near Durham with his wife, Nancy Grebenkemper. Their son Jonathon '97 lives in Charlotte and daughter Erin '00 lives in Durham. John plays tennis, gardens, and, occasionally, enjoys scuba diving.

Val Rosado, former Lower and Upper School teacher, lives in VA and works as an independent computer consultant. She couldn't attend the 20th anniversary class reunion but sent her greetings, saying, "Please give my best to all the old FIRE alumni who were such an important part of my life (and Jim's too) in the mid to late-seventies. I loved teaching you all (and learning from you, too)!"

Don Wells, former teacher, Middle School Head Teacher, and Principal writes, "Left CFS and was a carpenter/contractor for about 2 years; helped construct a new home (with Tim and Jeff) in Cedar Grove and moved there; purchased a restaurant in Hillsborough that Darlene ran for 12 years; worked as ED of Durham County Habitat for Humanity for 4 years; worked as Director of Duke University's Certificate Program in Nonprofit Management for 12 years; left Duke in '05 and formed DonWellsConsulting, Inc that does consulting throughout the US working

with all sorts of nonprofits in all sorts of ways. Both Darlene and Don are enjoying their five grandchildren, sailing, gardening, golf, and reading. They find it thrilling to see what all the grads from CFS are now doing to make a bet-

In Memoriam



John Alexander, CFS Interim Principal in 1988-89, died June 22, 2006. He was 88. John enjoyed a long career as a university administrator at Columbia University, the University of Maryland, and SUNY-Albany. He also worked for the American Friends Service Committee on groundbreaking school desegregation projects. John and his wife, Miriam, retired to Chapel Hill in the mid-1980s, where they joined the Chapel Hill Friends Meeting. John served ably as Principal during an important transition following Don Wells' retirement and John Baird's first year. Afterwards, he spoke often about CFS, admiring its administrative structure, outstanding teachers, and strong community. He was a leader in the Chapel Hill Meeting's decision to build a school house and invite CFS to use it for a full-time early school.

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Mike Hanas, Principal
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Doug Johnston, Consultant
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From the Principal
(from page 1)

from the school's enduring mission, in order to assure the school's continuing integrity and viability." As this school year draws to a close, it is shared values, vision, and purpose, especially spiritual purpose, that are most on my mind.

As some of you have heard me say, I see values shared more widely and deeply at CFS than in any school community of which I have been part. Coherence between mission, philosophy, and practice is made visible in countless ways as we pursue aspirations often exceedingly difficult to reach. Nonetheless, I recognize that the day-to-day experiences of students, teachers, and families involved in the life of a school might suggest otherwise. We certainly hold different opinions and beliefs about when, how, and how much foreign language, math, spelling, reading, et al. should be taught and learned. We disagree at least at times about grades, the role of competition, the degree to which consistency/conformity would strengthen our disciplinary responses, and the need for more (or less) structure in our Friends school. Given these and many other sources of creative tension that animate life at CFS, I ask you to join me for a moment and consider how it is that values are so widely and deeply shared here.

I think the answer lives in this community's understanding of and commitment to its spiritual purpose. This purpose was palpable in our Meeting for Graduation, which celebrated the accomplishments, uniqueness, and possibilities embodied in our 36 graduates. On a daily basis students and staff members alike feel it not only in Meeting for Worship but also in dance, not only in courses and conversations about Quaker faith and practice but



photo by Laura Shmania

also in service, whether on campus, at the Episcopal Ministry in Newton Grove, NC, or in El Salvador. They feel it as they grapple with notions of good and evil in the Upper School's Senior Seminar, and when they make use of a conference in order to resolve conflict on the Lower School playground. At our very best we make manifest our spiritual purpose in response to students who have failed to do their homework, aced a test, forgotten lines, scored a goal.

But how? Several examples immediately come to mind. Lower School students and staff chose to build a whale rather than merely read about one. Teachers responded to an Early School student's question about the length of God's leg so seriously that the ensuing project, where students sought to build a chain as long as they imagined God's leg to be, turned into a curricular thread linking all units of the School, including guests who joined us for Martin Luther King Day. In the Middle School a small group of students decided it was time for a Middle School literary magazine and took upon themselves the tasks of designing, developing, and distributing *Embers of a Mask*, emphasizing that this prolific publication is simply their first issue. Even the Upper School's summer reading, an inspired response to the arrival of students from Rwanda, embodies the practice of affording students many different ways to deepen and demonstrate their understanding, many different ways to let their lights shine.

No less important, I think, is the frequency with which we return to our founding, not only as one of the southeast's first deliberately integrated schools, but as a school community the core purpose of which is spiritual. Yes, our graduates this year have earned over two million dollars in scholarships, our student-teacher ratios remain very low, the places we've visited at home and abroad and the programs we've designed are many and varied . . . but what animates, literally breathes life, into our work at CFS is the belief that there is that of God in each of us. As a result, while we most often think of that which is spiritual as invisible and untouchable, at CFS it can be seen and felt.

The "peculiar mission" of a Friends school, as Douglas Heath suggests in a pamphlet so

named, "is to empower its members . . . to live more fully in Truth . . . to educate for goodness, not by requiring its members to live certain truths, but by enabling them to live their lives in ways that reveal Truth to themselves and through themselves to others." John Lester, Quaker educator and member of the Progressive Education Association, claims that the purpose of Friends schools is "to enable (children) to come to an understanding with themselves about what is right for them to do, and then to a desire, an urge, a resolve to do it."

Heath then frames the challenge more specifically, "A Friends school therefore, should bring each, in the words of George Fox, to the 'teacher within.'" He goes on to suggest that the "climate should be one of high hopeful expectancy in the potential of its members for goodness. Our hopes can create our reality. If we genuinely, and, of course, realistically, believe in the potential of our students, more likely than not they will rise to that expectation." At CFS we believe, and, as our own mission states, "We expect the students of Carolina Friends School to develop the skills, values, and confidence that support a lifetime of learning, leadership, and service." Beyond that establishment of those expectations, staff members across the School strive to create the conditions in which students' best selves are most likely to emerge.

At our very best we "teach students to listen within and to others, to express themselves, to think critically, to take responsibility, to make a difference in their world," and we do so in Meeting for Worship, relationships, and decision-making; we practice those skills in classes, as members of search committees, crews, casts, and teams, and in service; and, perhaps most importantly, we share in the responsibility for the teaching and learning of the children in our care, modeling stewardship as collective responsibility shared by staff, students, parents, grandparents, even alums. In short, we make the nurture, support, and care of our Quaker character the job of everyone. After all, it is our viability and our integrity that are at stake.

Thanks for all of your support of CFS. And best wishes for a safe and happy summer!



Carolina Friends School

4809 Friends School Road

Durham, NC 27705

(919) 383-6602

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Spring brought much fun, including Middle School Arts Day, including jazz performed outside the gym, and the culmination of the Lower School Homes theme, where students erected homes, including this model of a solar home, on the Lower School field.



photo above by Laura Shmania, below by Kathy Schenley