

Carolina Friends Middle School
Course Descriptions
Trimester 3, 2007 - 2008

ELECTIVES

The following courses are electives offered during periods 5, 6, and 7. Read the descriptions carefully and choose wisely based on your interests, experience, skills, and readiness to be challenged. Be thoughtful about projects that will be required, amount of homework, and teaching style, as well as your learning style. Also, be mindful of the elective requirements that you are expected to fulfill.

Period 5 MWF

AD/NG **PAINTING PICTURES IN SOUND AND SPACE II: NASHER:** Dedicated dancers, musicians and creative explorers – get ready for an imaginative journey! This upper level class is designed for students who wish to continue their work with dance, music and visual design. We will travel to the Nasher museum several times to view two new exhibitions (Barkley L. Hendricks: Birth of the Cool & Taste of the Modern). Taking the theme of inspiration coming from visual art, we will collaborate to design a dance/music piece that will be performed at the opening of the Middle School Art Show on Thursday evening, May 8. There will be one outside rehearsal on either Wednesday, May 7 or Thursday, May 8 from 3:15-4:45. This is a unique experience because many of you developed skills in this area that you can take to a new level. Alyssa Whitney from the US will return as a TA in this class! We are looking for experienced students who are comfortable taking leadership roles in dance and music design, as well as those new to this idea. It is open primarily to third and fourth year students who wish to mark their ending term in the Middle School with a magical experience. We will meet during Reading Excursions on Mondays and Silent Meeting on Wednesday. Talk to Annie or Natalie if you are interested in this class.

Teacher: Annie Dwyer/Natalie Gilbert
Place: Center Building

Level: 3rd & 4th years
Curricular Area: **PE/PER GRO/ PER ART**

CG **¡Bienvenidos! Español A: (2nd and 3rd Trimester)** Do you want to be speaking, reading, listening, and writing in Spanish? This class will enable you to further develop your fluency in Spanish through written language and talkin' talkin' talkin'. If you are ready for some exploration of Spanish, leading into ¿Que pasa? Espanol B, this is the perfect elective for you. If fifth period just won't fit your schedule, don't worry! It is also offered during sixth period (see below). This class is open to second, third, and fourth years who complete a diagnostic assessment and demonstrate readiness.

Teacher: Christel Greiner
Place: Christel's room

Level: 2nd, 3rd, 4th years (closed unless currently enrolled)
Curricular Area: **CUL STU**

JR **A NOSE FOR NEWS: MIDDLE SCHOOL NEWSPAPER:** Are you the kind of person who likes to know what's going on? Are you nosy? Do you always ask lots of questions? The school newspaper is for you! Learn how a newspaper works and how to research, report and write news stories, then publish them in a Middle School newspaper. Everyone will be expected to come up with ideas for stories and to research and write them, but there are lots of other opportunities to be creative and express yourself in the newspaper. You may want to draw comic strips, write editorials or review books and movies. You need imagination, curiosity and should like to write.

Teacher: Jim Rose
Place: Jim's Room

Level: Open
Curricular Area: **PG/ENR**

KM **FRENCH I (Yearlong course):** In the 21st century, the world is coming closer and closer together. Knowledge of another language is an essential component in becoming a world citizen. Come join us for an exciting adventure around the world, to places as diverse as Africa and Canada, where French is spoken by more people than in France! This yearlong course will enable you to communicate with friends far and near in this rich language. In the fall term we'll take the first step into speaking, reading and writing French. We'll talk about ourselves, what we like to do, our families, and our school. We'll learn how to count, how to ask questions in French, and how to conjugate verbs. Grammar and structure will be introduced as tools beneficial to communication. We'll sing, play games, and test our new skills through homework and quizzes. Note: this course meets four times per week, Monday, Wednesday, Thursday and Friday. (Students will be expected to forego advisor time on Thursday, except for special circumstances).

Teacher: Ken Mitchell
Place: Upper School

Level: Upper Level
Curricular Area: **CUL STU**

MDE **INTRODUCTION TO KEYBOARDING:** To be a fast typist, you need to be so familiar with the keyboard that you type by automatic response without consciously remembering the location of each key. This class will help you become that typist. You'll work on Ultra-Key, a computer program designed to help students who are new to typing or who need to work on improving their skills. Come to class ready to learn new habits, which will have you keyboarding (without peeking!) soon.

Teacher: Mary Deborah Englund
Place: Library Computer Lab

Level: Open
Curricular Area: **ENR**

NP **HOMEWORK CENTRAL/STUDY SKILLS:** **L-O--N----G** Days? **HEAVY** Course load? Do you have a hard time keeping up with your assignments? Do you need some help organizing your assignment book? Is your book bag a disaster area? Do you have a busy afternoon schedule and have a hard time keeping up with your assignments? If you answered yes to any of these questions . . . , this may be the class for you. **Classes will begin with a 15-20 minute practice of a technique or study strategy.** Only students who are interested in working on their study skills or having a quiet place to work on assignments need sign up.

Teacher: Nancy Parsifal
Place: Nancy's Area

Level: Open
Curricular Area: **ENR**

Period 6 MWF

CES **CAMPUS EARLY SCHOOL SERVICE**: CES teachers are looking for ONE responsible, well-behaved, kid-loving students who can assist them in their classrooms. Looking for dependable and independent students who like to work with young children. **Do not sign up for this course if it is not your first choice.**

Teacher: CES teachers
Place: CES

Level: 3rd & 4th Years ONLY
Curricular Area: **PER GRO**

CG **¡Bienvenidos! Español A: (2nd and 3rd Trimester)** Do you want to be speaking, reading, listening, and writing in Spanish? This class will enable you to further develop your fluency in Spanish through written language and talkin' talkin' talkin'. If you are ready for some exploration of Spanish, leading into ¿Que pasa? Espanol B, this is the perfect elective for you. If fifth period just won't fit your schedule, don't worry! It is also offered during sixth period (see below). This class is open to second, third, and fourth years who complete a diagnostic assessment and demonstrate readiness.

Teacher: Christel Greiner
Place: Christel's room

Level: 2nd, 3rd, 4th years (closed unless currently enrolled)
Curricular Area: **CUL STU**

FH **¡Que pasa? español B (2nd and 3rd trimester)** If you're ready to really get moving with Spanish and are aiming to get into Spanish II (and beyond) in the US, this is the right elective for you. We will be focusing on further developing our written and verbal skills, with particular emphasis this trimester on the most important verbs and vocabulary that US covers in Spanish I (if you want to get ready for the US placement test, then please plan on spending ReadingX time working on additional vocabulary and grammar.) We'll end the trimester reading and doing activities related to a short novelette of your choice from the "Pobre Ana" series. *Note: you can take this class 5th or 6th period.*

Teacher: Françoise Heyden
Place: Spanish Zone

Level: 3rd and 4th years (closed unless currently enrolled)
Curricular Area: **CUL STU**

HW **OUR TOWN**: We will present the play *Our Town* May 9 & 10. It is already cast, and all cast members must take it this period when Matthew can work with the songs. A provocative exploration of the value of living life every moment. Includes a variety of songs sung by the cast.

Teacher: Henry Walker
Place: Henry's Area

Level: Open through auditions, already done
Curricular Area: **PER ART**

**JC/
MDE** **"ONCE UPON A TIME" FROM BEGINNING TO END**: In this class we'll produce a bound children's book complete with story and illustrations. First, we'll look at some favorite and award-winning children's books. Next, we'll practice a variety of writing and illustrating techniques. Lastly, we'll create our final product, and, if time allows, visit some early schools to share our stories.

Teachers: Jamie Charles and Mary Deb Englund
Place: Art Studio and MD's Area

Level: Open
Curricular Area: **ENR/VIS ART**

DP **WOODWORKING**: In this class you will be introduced to the basic skills needed to plan and put together projects made of wood. We will practice using fractions, learn how to read a measuring tape and work to understand how to design and construct something that is well-made. The first project to be worked on will be done by everyone and will be a small box with a lid. When everyone has completed that project, students will then be allowed to choose their next project. Please keep in mind that the project should be small in size (birdhouse, box, napkin ring) and able to be constructed using hand tools. There are project books in the shop that can help you with ideas.

Teacher: Dylan Pendergrast
Place: Shop

Level: Open
Curricular Area: **VIS ART**

JH **LITERARY ART MAGAZINE**: The tradition continues of creating and publishing a magazine that showcases the visual and writing talents of the Middle School community. The class was offered in the first trimester; preference will be given to students who took the class then, but newcomers with computer experience are also welcome. This trimester, we will continue to edit, lay out, and compile submissions—and then we will copy and distribute the final publication.

Teachers: Jim Henderson
Place: US Comp Lab

Level: Open 3rd and 4th Years
Curricular Area: **VIS ART/PER GRO**

JR **CAPTURE THE FLAG: Woods Game AND Field Game (depending on the weather)** Do you like to run? Enjoy strategy? Join us for this middle school favorite. You will be expected to cooperate, play fair, respect others and be a good sport. Willingness to participate is essential.

Teacher: Jim Rose
Place: Outside

Level: Open
Curricular area: **PHYS ED**

NG **MUSIC ROTATION (1st years)**

This introductory course is required of all first years. It is a “taste” of some of the music possibilities at CFS, including activities in: singing, keyboard, guitar, drumming and rhythm and body percussion, “found” percussion bands, recorders, listening, conducting, and MORE!

Teacher: Natalie Gilbert
Place: Music House

Level: 1st years
Curricular Area: **PER ARTS**

NP **STUDY SKILLS**: Are you a bit worried about your work load? Hoping to gain more confidence? This is the class for you. We will practice and learn new skills, three different ones daily, from cursive and abbreviations for note-taking, to phonics and syllables for spelling, a bit of vocabulary, writing practice and perhaps some keyboarding. Come and enjoy while you learn. Especially open to first years who may need time for writing papers/research.

Teacher: Nancy Parsifal
Place: Nancy's Area

Level: Lower Level
Curricular Area: **ENR, PER GRO**

RA HUMAN SEXUALITY: This is your chance to show your classmates that it doesn't have to be difficult to talk about sex. It can even be fun (yes, fun!) to discuss this complex subject. The main purpose of the class is to give you the information you need to understand your sexuality and become responsible decision-makers. We will go beyond the "facts" to address issues of real importance to you. We will explore a wide variety of topics: sexual anatomy and development, affection and intimacy, love, sexual identity, communication and refusal skills, reproductive health, sexual reproduction, contraception and sexually transmitted diseases. Emphasis will be placed on forming respectful, caring relationships. **This class will also require maturity, sensitivity, and a strong sense of responsibility. Please do not sign up for this class if you cannot take it seriously.**

Teacher: Rachel Anderson
Place: Rachel's Area

Level: 4th Years
Curricular: **PER GRO or SCI**

RB The GLOBAL VILLAGE: We will begin by reading David Smith's *The Global Village*. We will take a close look at the global issues that face our planet today, and in particular those issues that affect the quality of life for all people. We will do on-going research in magazines and newspapers. We will carefully gather and present our research information mathematically and factually on an informative MS eco-wiki. We will also share our ideas and feelings about the condition of our planet reflectively and poetically in our own blog. We will calculate our own eco-footprint and discuss ways to reduce it.

Teacher: Robert Bittle
Place: Annex

Level: Open
Curricular Area: **ENR, PER GRO, CUL ARTS**

Period 7 Tu/Th

CES CAMPUS EARLY SCHOOL SERVICE: CES teachers are looking for two responsible, well-behaved, kid-loving students who can assist them in their classrooms. Looking for dependable and independent students who like to work with young children. **Do not sign up for this course if it is not your first choice.**

Teacher: CES teachers
Place: CES

Level: 3rd & 4th Years ONLY
Curricular Area: **PER GRO**

DV MOUNTAIN BIKING: Let's get outside and enjoy the nice spring weather. Be ready to be challenged on your bike. Be ready to have fun. Be ready to push your physical limits and to have fun. Only requirements are a willing spirit and a working bike. On rainy days, we can do bike maintenance and general repair work on our bikes.

Teacher: David Vernon
Place: Meet outside MS

Level: 2nd, 3rd, & 4th Years
Curricular Area: **PE**

FH **COMMUNITY SERVICE, TUTORING AT FOREST VIEW ELEMENTARY SCHOOL:** Share yourself with little ones at Forest View who will appreciate (and need) your tutoring gifts! It's a win-win! Teachers there have been asking how long it will be before we return. You'll earn service credit for this class. There will be a few times when we can't go to Forest View for scheduling reasons, so then we'll do other community service projects like sharing the Afghan water bottle art project with Lower School.

Teacher: Françoise Heyden
Place: Spanish Zone

Level: Open
Curricular Area: **CUL STU**

GR **OLYMPICS, ATHLETICS, AND TRACK AND FIELD:** This class will be an exciting combination of classroom activities, actual performance in track and field events, and hopefully a few off campus visits to actual track meets. We'll be looking at the Olympics from a historical perspective to the future with emphasis on many famous and not so famous athletes, coaches, and personalities. We will learn how to train our bodies as if we were Olympians, and we'll practice and compete in some of the track and field events. Start humming the Olympic theme song now and bring your sneakers to the gym. Take your mark, get set, go!

Teacher: Ginny Riley
Place: Green Room / Gym

Level: Open
Curriculum Area: **PE / PER GRO**

JC **DRAWING MARATHON:** Let's work those pencils down to the nub! An intense drawing class for creative students **who need and would love** the opportunity to work on your drawing skills and let out your artistic energy. Get those fingers ready to work!
Sketchbook at least 8 1/2 by 11" required.

Teacher: Jamie Charles
Place: Art Studio

Level: Open
Curricular Area: **VIS ART**

JH **MS BAND:** Experienced musicians of all types are welcome to this class, which will build on the talents and instruments that students bring to perform, and perhaps to compose, songs that bring the band together. The focus of this spring's class will be on acoustic instruments and the roots of traditional American music, from country, folk and bluegrass, to blues and jazz. If you are interested in the class, please speak to Jim H. about what you want to play and contribute.

Teacher: Jim Henderson
Place: Green Room (Gym)

Level: open, with permission of teacher
Curricular Area: **PER ART**

JR **MAKING MAPS:** Students will discover how maps represent the world around them. We will study many kinds of maps, survey and make maps and learn how maps allow us to understand and know our world.

Teacher: Jim Rose
Place: Jim's Room & Around School

Level: Open
Curricular Area: **CUL STU/ENR**

MDE COOKING WITH KINDNESS: This cooking class was a huge success last year so let's do it again! Normally, the focus of our efforts in the kitchen is on preparing dishes we want to eat. In this class, however, we'll be cooking for others. We'll regularly plan who we might want to share our efforts with—it might be a member of the community who is ill. . .or a friend who's feeling down. . .or a family member or teacher we'd like to say thanks to with a gift of food. We'll then work in teams to find a recipe that is fitting, prepare a suitable dish, and package our product for delivery. And, of course, clean up the kitchen when we've finished. This is a Service Class which will result in up to 15 Service hours.

Teacher: Mary Deb Englund
Place: MS Kitchen

Level: Open
Curricular Area: **SERVICE/ENR**

MH ECO DOCUMENTARY: In this class, students will be planning, producing and editing a documentary on the environment. Students will research current environmental issues, such as climate control, global warming, alternative energy and energy conservation. They will also interview students—documenting their knowledge of and opinions about global warming. Finally, we will show the ways in which CFS students are helping to protect the environment and promote energy conservation. **Students have already been selected for this class. Do not sign up unless you are on the eco-documentary crew.**

Teacher: Mig Little Hayes
Place: MS/US library

Level: UL
Curricular Area: **PER GRO, ENR, VIS ART**

NG STRETCH, MASSAGE & RELAXATION : Does your body ache from growing pains? Do you carry tension and anxiety in your body? Do you wish you were more flexible for sports and dance? Here is your chance to spend some time learning what will help to make you feel better and to learn about how amazing the body is at the same time. We will learn basic massage techniques and gentle stretching movements to help in relaxation and stress relief.

Teacher: Natalie Gilbert
Place: Music House

Level: Open
Curricular Area: **PER GRO**

NP HOMEWORK CENTRAL: L-O--N----G Days? **HEAVY Course load?** Do you have a hard time keeping up with your assignments? Do you need some help organizing your assignment book? Is your book bag a disaster area? Do you have a busy afternoon schedule and have a hard time keeping up with your assignments? If you answered yes to any of these questions, this may be the class for you. **Classes will begin with a 15-20 minute practice of a technique or study strategy.** Only students who are interested in working on their study skills or having a quiet place to work on assignments need sign up.

Teacher: Nancy Parsifal
Place: Nancy's room

Level: Open
Curricular Area: **PER GRO**

RP **ADVANCED JOURNAL WRITING:** Are you an avid journal writer, and are you ready to take your exploration of writing for self to a deeper level? In this class, you will draw on a variety of sources to help you tap into memories, dreams, and insights about yourself. We will use visual, musical, and field trip sparks to set our thoughts in motion.

Teacher: Renee Prillaman
Place: Renee's Area

Level: Open
Curricular Area: **ENR/ PER GRO**

TJ **NATURE WATCH:** This will be an outdoors class whenever the weather permits. We will observe and study natural habitats on campus and at a few sites nearby (Eno River and New Hope Creek). We will research and construct tools, equipment, and natural areas that will help us in our observations, like nesting boxes and feeders, and animal attracting habitats. We will do some service work that will focus mostly on trail maintenance and development. Each student will work on an independent project that they will present and share with the rest of the group.

Shoes/sandals required for all classes, no exceptions.

Teacher: Tommy Johnson
Place: Tommy's Area/Outdoors

Level: Open
Curricular Area: **SCI**

TW **YEARBOOK:** This class is for the yearbook staff (already chosen) to work on putting together this year's CFS Middle School Yearbook.

Teacher: Toni Williamson
Place: Toni's Area

Level: **Students already chosen**
Curricular Area: **ENR, VIS ART**

* Please note that the Smokies trip is not an elective this year. We are sharing this information with you here because you need to apply in advance for this Exploratorium trip. The information below is for students who want to apply to the Smokies and do the necessary preparation for the Exploratorium trip.

THE GREAT SMOKIES: This exploratorium with Henry Walker, will be composed of students who are going on the GREAT SMOKIES Exploratorium trip May 21-25. We will explore the world of the Smokies in terms of geology, biology, and history. Expect to develop your poetry writing skills so that when we are actually on the mountain top, or at an Old Growth forest, or by a waterfall, you can fully express yourself in your writing. On the trip, expect to do a lot of hiking and writing. We will cook our own meals and leave the cabins cleaner than we found them, plus do some service by cleaning up around a local creek. Cost? \$160. Financial assistance is available.

**Parent/Student Electives Form
February 18, 2008**

Dear _____,
(Advisor)

Child's Name: _____

Parent's Name: _____

Please sign to indicate that you have received the course descriptions and discussed them with your child. Please return to your child's advisor by TUESDAY, February 12, 2008.

Comments: